

# USE OF DISPOSABLE GLOVES

COVID-19

**Do not use the same disposable gloves for multiple activities & never wash disposable gloves for reuse.**

**Wear well-fitting, disposable gloves when using shared equipment. Medical examination gloves should be reserved for clinical use.**

## When to remove gloves:

- After contact with the surrounding environment
- After providing care to a patient
- If working in direct patient care - follow clinic guidelines for use of disposable examination gloves



## Remove gloves using the following CDC instructions:

- (1) Grasp the outside of one glove at the wrist. Do not touch your bare skin.
- (2) Peel the glove away from your body, pulling it inside out.
- (3) Hold the glove you just removed in your gloved hand.
- (4) Peel off the second glove by putting your fingers inside the glove at the top of your wrist.
- (5) Turn the second glove inside out while pulling it away from your body, leaving the first glove inside the second.
- (6) Dispose of the gloves safely. **Do not reuse the gloves.**
- (7) Clean your hands immediately after removing gloves.